

# Long-term Outcomes & Survivorship in cGvHD



- 1. True or False: Most Patients with cGvHD require lifelong medical follow-up.**
  - True
  - False
- 2. Which of the following is a common long-term complication of cGvHD?**
  - a) Cardiovascular disease
  - b) Seasonal allergies
  - c) Increased muscle mass
  - d) Short-term fever
- 3. Which factor is most important for improving long-term quality of life in cGvHD survivors?**
  - a) Early intervention and management
  - b) Ignoring symptoms
  - c) Avoiding follow-up visits
  - d) Relying only on alternative medicine
- 4. Which of the following contributes to improved survivorship in cGvHD?**
  - a) Regular screening for secondary cancers
  - b) Avoiding all medical check-ups
  - c) Ignoring persistent symptoms
  - d) Self-medicating without doctor consultation
- 5. What is one of the most common causes of late mortality in cGvHD patients?**
  - a) Infections
  - b) Allergic reactions
  - c) Increased metabolism
  - d) Minor muscle cramps
- 6. What is the relationship between cGvHD and secondary malignancies?**
  - a) Long-term immunosuppression increases cancer risk
  - b) cGvHD has no impact on the patient's cancer risk
  - c) cGvHD patients have a lower risk of cancer
  - d) Secondary malignancies occur only in pediatric cases
- 7. Which medical strategy has been shown to improve long-term survival in cGvHD?**
  - a) Personalized treatment plans and multidisciplinary care
  - b) Keeping the patient on antibiotic prophylaxis on long term
  - c) Stopping follow up as soon as the patient has achieved complete remission
  - d) Not reporting symptoms to the healthcare team

## Answer Key

- 1. True - Explanation:** Long-term medical follow-up is necessary to monitor complications, manage symptoms, and ensure optimal post-transplant care.
- 2. a - Explanation:** Chronic inflammation and long-term steroid use can increase the risk of cardiovascular disease in cGvHD survivors.
- 3. a - Explanation:** Early detection and management of cGvHD-related complications can significantly improve patient outcomes and quality of life.
- 4. a - Explanation:** Long-term cGvHD patients are at a higher risk for secondary malignancies, making regular screenings essential for early detection.
- 5. a - Explanation:** Due to immune system dysfunction and prolonged immunosuppression, infections remain a major cause of late mortality in cGvHD patients.
- 6. a - Explanation:** Prolonged immunosuppressive therapy increases the risk of secondary cancers, requiring regular monitoring in long-term survivors.
- 7. a - Explanation:** A personalized treatment plan, involving multiple specialists, ensures comprehensive care and improves long-term survival in cGvHD patients.